



Sister Cities Association of Sarasota

Citizen Diplomats—Carving a Path toward Peace since 1963



Professor Kathy Black,
USF-Sarasota-Manatee

September Luncheon Preview Creating an Age-Friendly Community

Sister Cities Association of Sarasota is pleased to kick-off our Program Season with a presentation by Kathy Black, who has spent over forty years studying and working in this field. Her enthusiasm for developing low and no-cost programs for active aging is contagious and you'll find yourself saying, "Yeah, we can do that! Why didn't we think of this sooner."

Each of us has a role to play in changing the image of what it means to age in America. The demographics say it all:

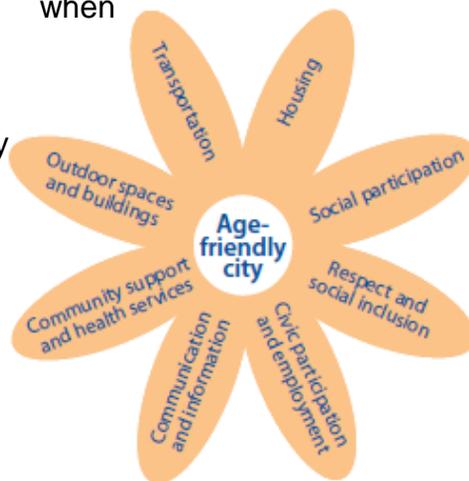
- 1 in 3 people is over 65 in Sarasota County
- 54% of Sarasota residents is over 65
- 50% of children born today are expected to live to 100 years of age

The idea of an age-friendly city presented in the World Health Organization (WHO) active ageing framework. Active ageing is the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age.

Eight Areas of Focus

Kathy will enlighten us about the need to focus efforts in eight primary areas which

impact citizen's quality of life. All involve commitment from public and private sectors during every course of our life including taking preventive action throughout our lives, restorative supports when



needed, and providing effective palliative care at the end of life.

Community Action

Community support includes

programs that encourage young people interacting with older citizens, workplace commitment to the inclusion of older workers, and more multi-generational housing options for seniors.

"The age-friendly work is inclusive of people across the community and all life circumstances – single or partnered, rich or poor, etc. " says Ms. Black.

After our conversation, it makes me wonder how SCAS can help through our programming. Come prepared to listen and contribute to the discussion.

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Member Spotlight

Gloria Grenier

Gloria Grenier is a vibrant independent woman who began her involvement with Sarasota Sister Cities in 2004. Like many members, she is bi-lingual. She speaks both French and English and has lived in numerous countries including Germany, France, Morocco and Egypt.

Her late husband worked in several Embassies, so she had the opportunity to meet people from multiple countries with various cultures. The relationships and friendships formed from these experiences led her to join Sister Cities Association of Sarasota to continue to learn about other countries, their people and their culture. It is this inquisitive nature which has made her an invaluable asset to our organization.

She began her contribution as the Assistant City Director to Hamilton, Ontario, Canada and later became City Director. The Mayor of Hamilton, Bob Morrow encouraged the twinning of Sarasota to Hamilton which resulted in a series of exchanges and programs for many years. She later became City Director of our Sister City, Perpignan, France. For the past two years, she has coordinated the Write-a-Play program partnership with Florida Studio Theatre for the an exhibit of professional artists from the Perpignan France area at the Art Center of Sarasota, and other events that highlight our region's artistic endeavors. Gloria is open to ideas about future partnerships and programs with various arts organizations in Sarasota and Manatee Counties.

One obstacle in scheduling events with our Sister Cities is the turnover which occurs in the various Sister Cities. Unfortunately, we are at times at the mercy of that government's interest and priorities. Her experience has taught her that persistence and teamwork are a great combination. Says Gloria, "I enjoy working with other members of the organization as well as members of the community and organizations. I wish more people knew about Sarasota Sister Cities and got involved."

We owe Gloria our gratitude for her effort and support and If we had more people like her involved with our organization, there's not telling how much more we could accomplish.

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SCAS Event Calendar

[Visit website for details!](#)

September

- 9.20 Luncheon
Age-Friendly
Cities
- 9.28 Presentation &
Meet 'n' Greet
Northern Greece

October

- 10.18 Luncheon
Mote Marine
Programs

November

- 11.2 Presentation &
Meet 'n' Greet
- 11.29 Luncheon
R-J Sister City
Celebration

SCAS Board Meetings are usually held the last Wednesday of each month. If you are interested in attending please contact:
tlduval@sarasotasistercities.com

Sister City Spotlight

Tel Mond, Israel

The Tel Mond, Israel relationship is the third oldest partnership established by Sister Cities Association of Sarasota. Even though people of Jewish heritage make up only 3-5% of Sarasota's population, their philanthropic impact can be seen throughout the community and Sarasota Sister Cities partnership with Jewish Federation of Sarasota-Manatee has led to a variety of programs, exchanges, and artistic endeavors.

I recently spoke with Kim Sheintal who is part of the Tel Mond team along with fellow Assistant City Director Alice Cotman and headed by City Director, Sid Krupkin. Together they develop programs and exchanges, often involving students. In fact, Kim became involved with Sister Cities because her daughter was selected to visit Tel Mond to work at an English-speaking Summer Camp. Says Sheintal, "I became a dues paying member as a courtesy and then got hooked".

Like Sarasota, Tel Mond also has a vibrant Arts and Culture scene. For example, the area hosts an annual "Embracing our Differences" exhibit. Sarasota has participated in Birthday celebrations in the past, but this year's plans for the 70th Birthday Celebration has a SCAS connection. As of now, our April 18th luncheon program is the only local commemoration that occurs on Israel's Independence Day.

In addition, Sarasota Sister Cities will have a booth at the January 14th "We Love Israel" Shuk, a large marketplace featuring local merchants and other community organizations.

We look forward to showing our support of our community partner organization and hope to see you at these events as well.



Sarasota, FL to Tel Mond, Israel = 6,616 miles

SARASOTA SISTER CITIES & CITY DIRECTORS

- Hamilton, Ontario, Canada**
1990
Position inactive
- Perpignan, France**
1994
Marie des Neiges Grossas
- Vladimir, Russia**
1999
Olga Pliner
- Tel Mond, Israel**
2002
Sid Krupkin
- Dunfermline, Scotland**
2007
Pauline Mitchell
- Treviso (Province), Italy**
2007
Anna Madaschi
- Xiamen (Siming District), China**
2007
Carolyn Bloomer
- Mérida, Mexico**
2010
Michael Fehily
- Rapperswil-Jona, Switzerland**
2017
Nelly Camardo

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LEARNING MORE
ABOUT OUR SISTER
CITIES?
VISIT OUR WEBSITE**

www.sarasotasistercities.org

This Month's Challenge

Special Sarasota Natural Spaces

What do both of these Sarasota nature spots have in common?



EDUCATION CORNER

Learn about the World
Around You

Dr. Raymond Young delivers a brief presentation on two of our Sister Cities

Click on link below to watch
Video

[Part III - Dunfermline, Scotland & Xiamen, China](#)

The Member's Column

Feel free to email your comments, thoughts and opinions for posting to our Member Soapbox. Note that we reserve the right to select those posts which are consistent with the values, goals, and objectives of SCAS and Sister Cities International. Email: tlduval@sarasotasistercities.com